



The Contributor

Say hello to the latest opportunities to have your say and get involved with your local NHS

This weeks hot topic



Last chance to have your say on the future of Community Diagnostic Centres as survey ends Thursday 30th June

Feedback on Community Diagnostic Centre 2 (CDC)

The NHS in Lincolnshire is currently working on the delivery of Community Diagnostic Centres (CDCs) across Lincolnshire. We are committed to engaging as widely as possible and in particular ensuring that members of the public are aware of future plans for the development of community diagnostic centres (CDC) in Lincolnshire and given the opportunity to help shape these.

We have previously engaged on what is important to the public in delivering diagnostic services and this feedback informed the development of our first CDC in Grantham which has recently opened and started treating patients.

We are now asking for your views on our next phase of CDCs.

Please tell us your views by [completing this survey](#)

Community Diagnostic Centres Patient Experience Survey

Have you recently attended a diagnostic appointment in Lincolnshire?

We are currently exploring how future diagnostic services could be delivered across Lincolnshire and are seeking your views and experiences. In particular we want to gather feedback on your experiences of the service you received and what changes you would like to see in the future. Please complete this survey and share your experiences with us.

[Complete the survey](#)

If you would like either of these surveys in an alternative format, or would like help in completing the forms, please email the Engagement Team at lccg.involveus@nhs.net

Experiences of Care Engagement



Have you or someone you cared for recently used NHS services?

We would like to hear from patients and groups from all communities, towns and villages across Lincolnshire to help us understand your experiences in using NHS services

You are invited to complete our survey

You can complete this survey on-line or by telephoning 07814 226996

Or e-mailing your feedback to: lccg.involveus@nhs.net

https://nhslincolnshire.qualtrics.com/jfe/form/SV_000zPdJTfAvrhFs

Musculoskeletal pathway for hip and knee services



We are improving and re-designing the Musculoskeletal (MSK) pathway for hip and knee services in Lincolnshire

To help shape the future of these services we are asking service users, families and carers to share your views and experiences.

You are invited to complete our survey by 8 August 2022.

You can complete this survey on-line via the link below or by telephoning 07814 226996

Or e-mailing your feedback to: lccg.involveus@nhs.net

https://nhslincolnshire.qualtrics.com/jfe/form/SV_01yVVrdqUB2CqPk

LPFT Older People and Frailty Event

Information Event



Would you like to find out about our mental health Older People & Frailty services in Lincolnshire?

Drop in and join us for a cuppa & a conversation.

An opportunity to talk with us and local providers to find out what mental health support is available for you or someone you care for in your community.

WEDNESDAY 13 JULY THE VENUE, NAVENBY, LINCOLN, LN5 0JJ JOIN US BETWEEN 10.30AM-1PM AND 1.30PM-4PM

To register your interest or for more information: lpft.involvement@nhs.net or call 07773 206341 or 07972 452425.

Partner activities and events

Magna Vitae - Ageless and Agile Groups



Ageless & Agile

How do you usually spend your Friday mornings?

Starting from Friday 24th June, join us from 10am-12noon for 'Ageless & Agile'.

We have got a whole variety of activities just waiting for you to try!

Only £2.00 per session!
(or free for members of those on our Exercise Prescription programme!)

Are you on our Exercise on Prescription programme? Then these sessions will be perfect for you!

Homecastle Pool & Fitness Suite
Cominaton Walk, LN9 6HP
community@mvtl.org
01507 681826 / 07767 664186

East Lindsey Health & Care Trust
MAGNA VITAE
Healthy Living. Healthy Ageing.

Nutritional Advice

Walking routes

A Cuppa & Chat

Wellbeing Quiz

Ageless & Agile



Walking routes



Spurring Memories



Walking Cricket



Seated Exercises



A Cuppa & a Chat

How do you usually spend your Thursday afternoons?

Starting from Thursday 23rd June, join us from 12:30pm-3:00pm for 'Ageless & Agile'.

Have you ever tried 'Walking Cricket'? Have you been wanting to find a new walking route?

Well... We have got a whole variety of activities just waiting for you to try!

Only £2.00 per session!

(or free for members & those on our Exercise on Prescription programme!)

Are you on our Exercise on Prescription programme? Then these sessions will be perfect for you!

Mendun Leisure Centre, Louth, Wood Lane, LN11 8SA
community@mvtae.org
01507 681826 / 07767 664186



Ageless & Agile



Nutritional Advice



Walking routes



A Cuppa & a Chat



Wellbeing Advice

How do you usually spend your Monday mornings?

Starting from Monday 20th June, join us from 10am-12noon for 'Ageless & Agile'.

We have got a whole variety of activities just waiting for you to try!

Only £2.00 per session!

(or free for members & those on our Exercise on Prescription programme!)

Are you on our Exercise on Prescription programme? Then these sessions will be perfect for you!

Station Sports Centre, Mablethorpe, High Street, LN12 1HA
community@mvtae.org
01507 681826 / 07767 664186



Ageless & Agile

How do you usually spend your Tuesday mornings?

Starting from Tuesday 21st June, join us from 10am-12noon for 'Ageless & Agile'.

We have got a whole variety of activities just waiting for you to try!

Only £2.00 per session!
(or free for members of our local Exercise Prescription programme)

Are you on our Exercise Prescription programme? If not, these sessions will be perfect for you!

Skegness Pool & Fitness Suite
Grand Parade, PE25 2UG
community@mvtlc.org
01507 681826 / 07767 664186

East Lindsey Local Council
MAGNA VITAE
www.magnavitae.org.uk

NHS Big Tea Party

NHS

Saturday
2nd July 2022
2-5pm

Ellenders Bar
at Boston United

NHS Big Tea Party

Family Fun
Cakes Refreshments
Raffle Live Music
Entertainment

Lincolnshire NHS Charity
Supporting local healthcare

UNITED LINCOLNSHIRE HOSPITALS Charity

BOSTON UNITED THE PILGRIMS

Ellenders Bar, The Jakemans Community Stadium, Pilgrim Way, Wyberton, Boston, PE21 7NE.

Ready for a new you? One You Lincolnshire, the Counties free healthy lifestyle service launch new challenge.



Upcoming 5K Challenge:

Ready to challenge yourself? One You Lincolnshire are offering a free move more challenge, starting 1st July to encourage you to increase your activity levels and get you feeling healthier and happier than ever before!

The challenge is to see how many 5K distances you can complete across the 4 weeks. It can be any mode of exercise from walking to running, cycling, rowing, or swimming. Why not mix it up and try a bit of everything?

If you live or work in Lincolnshire, you can take part. Sign up with your spouse, mates, or your colleagues for some extra support and competitive flare. Simply fill out the short form and get ready to start recording those distances! **Sign Up for the 5K Challenge:**

<https://forms.office.com/r/kCXdqhGmwn>

Get back to a healthier you with One You Lincolnshire's free **weight loss, exercise, stop smoking and drink less** programmes, supporting you to make small, sustainable changes to improve your health and wellbeing and live a longer, happier life.

For more information on the variety of support we offer, please check out our website:
www.oneyoulincolnshire.org.uk

Pop up vaccination clinics

For further details please visit - [Coronavirus \(Covid-19\) vaccinations in Lincolnshire - Lincolnshire CCG](#)

Covid booster and Flu vaccinations available for those who are eligible

Booster Vaccines

If you're eligible, you can pre-book your COVID-19 booster appointment. Book or manage a booster dose of the coronavirus (COVID-19) vaccine at <http://ow.ly/LtuE50GLero>

Flu Vaccines

Many adults, most children and all pregnant women are eligible for a free flu vaccine. Find out who is eligible and where you can get the flu vaccine at www.nhs.uk/wintervaccinations

Get involved with surrounding CCGs

If you live on the border of Lincolnshire, you may access some of your healthcare outside the county

If you want to be involved and have your say regarding health and care services outside of Lincolnshire, follow the below link:

[Get Involved with surrounding CCGs – Lincolnshire CCG](#)

Hot off the press

[Local mental health service scoops regional award :: Lincolnshire Partnership NHS Trust \(lpft.nhs.uk\)](#)

[NHS teams across Lincolnshire are thanked as part of the new National Healthcare Estates and Facilities Day :: Lincolnshire Partnership NHS Trust \(lpft.nhs.uk\)](#)

[NHS in Lincolnshire to contribute to NHS green savings equivalent to half a million fewer cars on the road :: Lincolnshire Partnership NHS Trust \(lpft.nhs.uk\)](#)

[First of its kind NHS role created to benefit Lincolnshire's traveller communities :: Lincolnshire Partnership NHS Trust \(lpft.nhs.uk\)](#)

[Charity football match to raise awareness of men's mental health :: Lincolnshire Community Health Services NHS Trust](#)

[Lincs nurse apprentice raises flag at House of Commons for Armed Forces Day :: Lincolnshire Community Health Services NHS Trust](#)

[Big Tea Party to kickstart week of NHS birthday celebrations in Lincolnshire :: Lincolnshire Community Health Services NHS Trust](#)

[Double keyhole hip replacement surgery becomes a UK first at Grantham and District Hospital - United Lincolnshire Hospitals \(ulh.nhs.uk\)](#)

[Fundraising \(ulh.nhs.uk\)](#)

[NHS in Lincolnshire to contribute to NHS green savings equivalent to half a million fewer cars on the road - Lincolnshire CCG](#)

[Now that summer is here, don't forget your covid vaccination - Lincolnshire CCG](#)

[It's not too late to get your covid vaccinations - Lincolnshire CCG](#)

[Boston GP surgeries commit their support to the armed forces - Lincolnshire CCG](#)

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Email our engagement team direct at lccg.involveus@nhs.net