

Dear Requester

10<sup>th</sup> July 2019

**FREEDOM OF INFORMATION REQUEST - RESPONSE**  
**FOI Reference: OPTUM FOI 300-646 – SL CCG**

I refer to your email received on 26 June 2019. I can confirm on behalf of NHS South Lincolnshire Clinical Commissioning Groups (CCG) supported by Optum Commissioning Support Services, and in accordance with S.1 (1) of the Freedom of Information Act 2000 (FOIA) that we do hold the information you have requested. A response to each element of your request is detailed below:

**REQUEST & RESPONSE**

1. What type of diabetes structured education course(s) did you provide to people living with pre-diabetes between April 2018 and March 2019?
2. What type of diabetes structured education course(s) did you provide to Type 1 diabetics between April 2018 and March 2019?
3. What type of diabetes structured education course(s) did you provide to Type 2 diabetics between April 2018 and March 2019?

**RESPONSE to questions 1, 2 and 3:**

Lincolnshire STP has been offering the NHS Diabetes Prevention Programme since June 2016. The current provider is ICS Health and Wellbeing. The course offered consists of a 1:1 Initial Assessment, followed by a series of group sessions. The full course length is approximately nine months.

4. How many diabetes structured education courses were offered to people living with pre-diabetes between April 2018 and March 2019?
5. How many diabetes structured education courses were offered to Type 1 diabetics between April 2018 and March 2019?
6. How many diabetes structured education courses were offered to Type 2 diabetics between April 2018 and March 2019?

**RESPONSE TO QUESTIONS 4, 5 and 6:**

The CCG does not routinely collect details on the numbers of individuals who are offered the course, but the CCG can confirm the numbers of referrals during the period

stated. The CCG is continuing to work with low-referring practices to support reducing the variation across the county.

CCG Area	Referrals to NHS Diabetes Prevention Programme April 2018 – March 2019
NHS South Lincolnshire CCG	1,147

7. How many people living with pre-diabetes completed your courses between April 2018 and March 2019?
8. How many people with Type 1 diabetics completed your courses between April 2018 and March 2019?
9. How many people with Type 2 diabetics completed your courses between April 2018 and March 2019?

**RESPONSE TO QUESTIONS 7, 8 AND 9:**

The number of individuals who completed the course, defined by completing the nine month review (an R9) by CCG between April 2018 – March 2019:

NHS South Lincolnshire CCG	412
<b>Total</b>	<b>412</b>

10. Were any of these courses offered to family or friends?

**RESPONSE:**

Not specifically, but carers of patients can accompany patients, for example.

11. Were any of these courses language variant options?

**RESPONSE:**

The CCG has identified that there is not a demand in Lincolnshire for the face to face delivery of the programme to be delivered in different languages. However, the Providers' nutritional handbooks have been translated into the following languages:

- Polish, Turkish, Arabic, Urdu, Tamil, Gujarati, Punjabi, Bengali, Farsi, Hindi, Somali and Welsh. A handbook in any of these languages can be supplied if required.

The Provider does deliver the face to face content of the programme in different languages across other contract areas (London in particular). Dependant on the language, a 30-60 min call to a service user in Lincolnshire with one of the Provider's bilingual coaches could be offered to summarise the content delivered on the NDPP.

12. Who delivered these courses?

**RESPONSE:**

ICS Health and Wellbeing are the provider of the Diabetes Prevention Programme in Lincolnshire. The service user contacts are via Health Coaches, who provide both the 1:1 meetings and the group sessions.

I trust that this answers your queries with the information we currently hold, but if we can be of any further assistance please do not hesitate to contact the FOI Team.

If you are dissatisfied with the handling of your request, you have the right to ask for an internal review. Internal review requests should be submitted within two months of the date of receipt of the response to your original letter and should be addressed to

Optum Health Systems Support  
FOI TEAM  
South Kesteven District Council Offices  
St. Peter's Hill  
Grantham  
NG31 6PZ

If you are not content with the outcome of your complaint, you may apply directly to the Information Commissioner for a decision. Generally, the ICO cannot make a decision unless you have exhausted the complaints procedure provided by the CCGs.

The Information Commissioner's contact details can be found here:

<https://ico.org.uk/global/contact-us/>

*All information we have provided is subject to the provisions of the Re-use of Public Sector Information Regulations 2015. Accordingly, if the information has been made available for re-use under the [Open Government Licence](#) (OGL) a request to re-use is not required, but the licence conditions must be met. You must not re-use any previously unreleased information without having the consent from the CCG. Should you wish to re-use previously unreleased information then you must make your request in writing (email will suffice) to the FOI Lead. All requests for re-use will be responded to within 20 working days of receipt.*

Yours faithfully

**FOI Team**  
**On behalf of NHS South Lincolnshire CCG**