

FOI Team | Optum Health Systems Support
South Kesteven District Council Offices,
St Peters Hill
Grantham
Lincolnshire,
NG31 6PZ

3rd December 2019

Dear Requester

FREEDOM OF INFORMATION REQUEST - RESPONSE
FOI Reference: OPTUM FOI 500-827 – SWL CCG

I refer to your email received on 27 November 2019. I can confirm on behalf of NHS South West Lincolnshire Clinical Commissioning Groups (CCG) supported by Optum Commissioning Support Services, and in accordance with S.1 (1) of the Freedom of Information Act 2000 (FOIA) that we do not hold the information you have requested. A response to each element of your request is detailed below:

ORIGINAL REQUEST & RESPONSE

Please state how much you have spent in (i) 2017-18 and (ii) 2018-19 on sessions of cognitive behavioural therapy for your patients.

RESPONSE: Lincolnshire Partnership NHS Foundation Trust is the CCG's lead mental health provider and delivers CBT within its services as part of a fixed contract value. Although the CCG can report spend at a service level and are aware of how much it spends in respect of IAPT services, for example, it is not possible to determine how much of this spend was on CBT alone, as this course of treatment usually forms part of a wider package of care.

In 2018-19 please state what different types of psychological problems were addressed by sessions of cognitive behavioural therapy. In 2018-19 how many patients suffering from anxiety were treated for anxiety with sessions of cognitive behavioural therapy that were funded by your CCG?

RESPONSE: The CCG is in receipt of reported activity at a service level, for example, of patients accessing IAPT services in Lincolnshire, however, we do not currently receive data which reports at treatment or disease level. The CCG is a strategic commissioning organisation for mental health and we suggest that if you require detailed information about patients receiving CBT treatment you contact LPFT who hold this information. The FOI Team within NHS Lincolnshire Partnership Foundation Trust can be contacted via email as follows: FOIrequest@lpft.nhs.uk

I trust that this answers your queries with the information we currently hold, but if we can be of any further assistance please do not hesitate to contact the FOI Team.

If you are dissatisfied with the handling of your request, you have the right to ask for an internal review. Internal review requests should be submitted within two months of the date of receipt of the response to your original letter and should be addressed to

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If you are not content with the outcome of your complaint, you may apply directly to the Information Commissioner for a decision. Generally, the ICO cannot make a decision unless you have exhausted the complaints procedure provided by the CCGs.

The Information Commissioner's contact details can be found here:

<https://ico.org.uk/global/contact-us/>

All information we have provided is subject to the provisions of the Re-use of Public Sector Information Regulations 2015. Accordingly, if the information has been made available for re-use under the [Open Government Licence](#) (OGL) a request to re-use is not required, but the licence conditions must be met. You must not re-use any previously unreleased information without having the consent from the CCG. Should you wish to re-use previously unreleased information then you must make your request in writing (email will suffice) to the FOI Lead. All requests for re-use will be responded to within 20 working days of receipt.

Yours faithfully

FOI Team
On behalf of NHS South West Lincolnshire CCG