

THE CONTRIBUTOR

Say hello to the latest opportunities to have your say and get involved with your local NHS

Be heard, shape your NHS

#LincsTogether 

Happy New Year!

We would like to wish everyone a Happy New Year and all the best for 2022. Thank you for all your support during 2021 which again was a very challenging year for us all.

Public Consultation has now closed



The public consultation relating to four NHS Lincolnshire Services ended on 23rd December.

Thank you to everyone who completed the consultation questionnaire, attended our events, spoke to us at our market events or who watched the 24/7 online event. Your feedback and comments are appreciated and valuable as we shape the future of these services.

Also, a huge thank you to all of our colleagues across the trusts who have worked so hard during the consultation and braved the weather!

The feedback from the public consultation is really important but does not represent a vote on, or a veto over, any form of change. The independent report of the results will be published on our website and the decision-making process will be assured by NHS England.

Still chance to have your say! Two GP practices in the centre of Lincoln could merge if proposed plans are given the green light

A 6-week engagement exercise on the plans has been launched until 12 noon on Saturday 15 January 2022.

Newark Road Surgery and Portland Medical Practice are encouraging patients registered at the practices to share their views.

Newark Road has over 7,000 patients registered at the surgery, whereas Portland has nearly 22,000 patients registered across its three sites: Portland Street, Newland Health Centre, and the University of Lincoln Health Service.

Patients can do this via a questionnaire available online:

https://nhslincolnshire.qualtrics.com/jfe/form/SV_bkpkNB5Pay5bnFk

Please complete by 12 noon on Saturday 15 January 2022.

There is one event remaining, where patients can hear more about the proposals, and ask questions or share their views. Patients wishing to attend will need to book in advance.

- **Online Event:** Thursday, 13 January 2022, 6-8pm via Microsoft Teams. To book online: <https://www.eventbrite.co.uk/e/221894922687> or call 07890 047 409.

A list of [Frequently Asked Questions](#) are also available on the CCG website.

Have your say on Household waste and recycling. Survey open until Monday 24th January

County Views Survey: Household waste and recycling

Lincolnshire County Council would like to invite you to take part in a [survey](#) which we believe will be of interest to you.

[County Views](#) is a panel of people from across Greater Lincolnshire who help the area's local councils to identify priorities and shape future developments. We have members from across the region and are keen to see the panel continue to grow in size with people of all ages and backgrounds. Wherever you live, work and study in Greater Lincolnshire, we want to hear from you.

County Views run three short surveys a year on different topics. The latest County Views survey, which went live this week, includes questions on the topic of household waste and recycling, an important and timely topic in the run up to the festive period.

The results from County Views engagements and survey reports are [published online](#) and feed directly into shaping and informing approaches.

To take part in the current and future surveys please visit [Let's Talk Lincolnshire](#). You can join the County Views panel by registering to the site.

We hope you will take this opportunity to join our County Views panel and share your views on this and future topics.



Lincolnshire Parent Carer Forum Workshops

LPCF Week of SEND (virtually on Zoom) - Monday 24th January - Saturday 29th January

This is your chance to find out more about what Lincolnshire has to offer. There are 16 workshops covering a wide range of subjects and another 10 sessions showcasing what organisations have to offer parents. Events will be held during the day, evening and on the Saturday giving everyone a chance to participate.

For further information click on either of the following links -

https://www.lincspcf.org.uk/P_Info_WeekofSEND.php or

https://www.lincspcf.org.uk/P_Events.php

Parents have to be LPCF members to join the sessions below, but can join up via our website link - https://www.lincspcf.org.uk/P_Subscribe.php

Juggling the Joys of Parenting - Third session 'Effective Communication' - 20th January 11.30 – 1pm

(monthly free workshops for parents and carers on the LPCF membership)

See the link for more details

https://www.lincspcf.org.uk/DocsLibrary/20211011_0547_2021juggling_the_joy.pdf

Email: admin@lincspcf.org.uk to book your place now

Time2talk - Monday 17th January 1pm

Join LPCF for these short meet ups for a quick chat to touch base.

Practice Zoom session for anyone who lacks confidence with Zoom or who wants to ensure they can access the week of SEND.

For more info visit - [Events \(lincspcf.org.uk\)](https://www.lincspcf.org.uk/Events)

Hypnotherapy with Nicole - New Year – New me!! - Thursday 6th January 7.30pm & Moving on from fear - Thursday 20th January 7.30pm – 9pm

Please encourage parents to join LPCF for a **free** 90-minute Zoom session to help improve mental health & wellbeing. Nicole from Hummingbird Hypnotherapy will be providing proven techniques to help us make positive changes to our lives.

Parent Recognition Awards – Special award

The Tom Cross Memorial Award for Parent Recognition is looking to parents of children with SEND to identify other parents of children with SEND who really stand out. They will have gone that extra mile and deserve some recognition for their efforts or inspiration in helping yourself, your family or child.

LPCF Excellence Awards - Winners Announcement

The voting was very close this year and we have two winners to announce.

Congratulations goes to Tattershall Farm Park & Stickney Primary school who were voted in joint first place. Third place went to Anwick Garden Centre.

To see more about the nominations check it out at

https://www.lincspcf.org.uk/P_Award_HOF.php?YrFilter=21&Cur=&Find=

LPCF Outreach Project

We still have some free capacity if you would like a Zoom visit from one of our volunteers to let your staff or the parents you work with know more about LPCF.

For availability, please email admin@lincspcf.org.uk

Parental resources library

This page of the LPCF website, [Info Signposters \(lincspcf.org.uk\)](https://www.lincspcf.org.uk/Info_Signposters), gives parents useful documents from other organisations to ensure that parents are kept well informed of what services they can offer.

If your organisation has any generic leaflets or brochures in pdf that inform parents about

your service or offer of support and wish to support LPCF with this initiative please let us know.

Every Mind Matters



When it comes to taking care of your mental health, it's important to find what works for you.

Take the Mind Plan Quiz to get a free, personalised mental health action plan

<https://www.nhs.uk/every-mind-matters>

Shine Lincolnshire - Community Mental Health Support Projects

Please see attached the list of Shine Lincolnshire Managed Projects, which have been funded to provide community mental health support across the county.



Walk in COVID vaccination sessions this week

Tuesday 11th January at the **Springfields Events and Conference Centre**, Spalding, between 10am and 7pm, including boosters and first and second doses for anyone eligible (see above) including 12-15 year-olds provided a parent/guardian is present to consent.

Wednesday 12th January at **Wrangle Parish Hall**, PE22 9EW, between 9.30am and 2.30pm, including boosters and first and second doses for anyone eligible (see above) including 12-15 year-olds provided a parent/guardian is present to consent.

Wednesday 12th January at the **Bud Robinson Community Centre**, Lincoln, LN5 8QS, between 10am and 7pm, including boosters and first and second doses for anyone eligible (see above) including 12-15 year-olds provided a parent/guardian is present to consent.

Thursday 13th January at the **Engine Shed**, Lincoln, between 10am and 7pm, including boosters and first and second doses for anyone eligible (see above) including 12-15 year-olds provided a parent/guardian is present to consent.

Thursday 13 January at **St Marys Church Hall**, Market Place, Long Sutton, PE12 9JZ, between 1pm and 7pm, including boosters and first and second doses for anyone eligible (see above) including 12-15 year-olds provided a parent/guardian is present to consent.

Friday 14th January at the **Stamford Arts Centre**, Stamford, PE9 2DL, between 10am and 7pm, including boosters and first and second doses for anyone eligible (see above) including 12-15 year-olds provided a parent/guardian is present to consent.

Sunday 16th January at **Stanhope Hall**, Horncastle, LN9 6NF, between 10am and 4pm, including boosters and first and second doses for anyone eligible (see above) including 12-15 year-olds provided a parent/guardian is present to consent.

Covid booster and Flu vaccinations available for those who are eligible

Booster Vaccines

If you're eligible, you can pre-book your COVID-19 booster appointment from five months (152 days) after your second dose. Book or manage a booster dose of the coronavirus (COVID-19) vaccine at <http://ow.ly/LtuE50GLero>

Flu Vaccines

Many adults, most children and all pregnant women are eligible for a free flu vaccine. Find out who is eligible and where you can get the flu vaccine at www.nhs.uk/wintervaccinations

Get involved with surrounding CCGs

If you live on the border of Lincolnshire, you may access some of your healthcare outside the county

If you want to be involved and have your say regarding health and care services outside of Lincolnshire, follow the below link:

[Get Involved with surrounding CCGs – Lincolnshire CCG](#)

Hot off the press

Keep up to date with the latest news and what's happening across Lincolnshire NHS

[Changes to community hospital visiting in Lincolnshire :: Lincolnshire Community Health Services NHS Trust](#)

[NHS trust Board meeting open to the public :: Lincolnshire Community Health Services NHS Trust](#)

[New Year resolution tips from your local NHS – Lincolnshire CCG](#)

[Give yourself a break from alcohol this January – Lincolnshire CCG](#)

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www.lincolnshireccg.nhs.uk

**To get in contact with a member of the NHS Lincolnshire CCG Engagement Team,
please contact lccg.involveus@nhs.net**